





WHAT'S AN ESCAPE WITH DUNYA ?

1

A TAILOR-MADE TRAVEL

Each of Dunya Escape is meticulously designed to best reflect your individual preferences and aspirations. We carefully listen to our travelers and adapt as much as possible.

2

AN IMMERSIVE & OFF-THE-BEATEN-PATH EXPERIENCE

Traveling with Dunya means immersing yourself into new cultures and traditions, guided by our experienced teams to authentic, off the beaten paths places for an immersive journey.

3

LIVING OUR PASSIONS

Each escape revolves around a theme, a passion or attraction shared by all travelers, fostering strong connections among them.

4

MEANINGFUL ENCOUNTERS & TIMELESS MEMORIES

Because returning from a Dunya escape is about gaining richness not only from discoveries but also from the people we've met : fellow travelers, locals, and contributors. And all the images, smiles, scents, musics, flavors or shared moments will forever be etched in your memory.





Heading to Cairo, a captivating and bustling capital. Rich in history, it is also called "Oum el Dunya" in Arabic, which means "the mother of the world."

You will stay in the "House of Kheops," a spiritual oasis located in the Giza area in Cairo, at the bottom of Egypt's largest pyramid and the first wonder of the world.

Amidst dynamic and meditative yoga practices emerges a spiritual and cultural experience, creating a conducive space for deep connection, unveiling the historical and mystical mysteries of the pyramids.

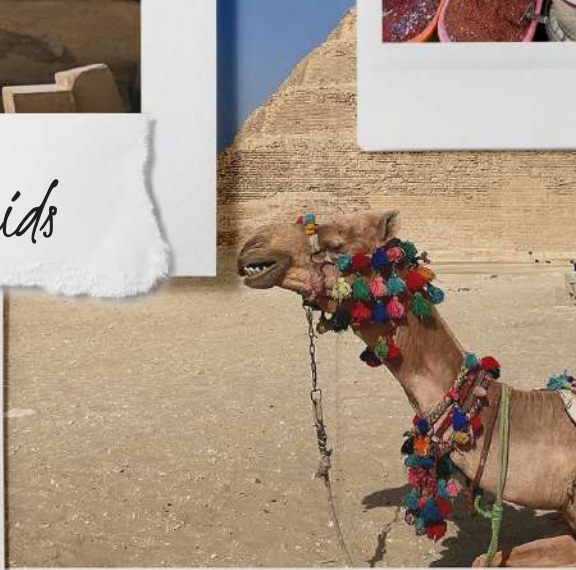
The House of Kheops



آلهة لك قبله؛
تذكرك له؟⁶ هل
لا يعطي إلا أجاب
ذلك.
5. إن الصلاة تعني
والإغراق في الع
وسيلة لتذكر قداسك. وكيف للقداسة أن
المحبة؟⁴ وإلى المحبة أنت تتوجه في الص
التي تستسلم من خلالها لتتوحد مع المحبة.
هناك ما تريد. ⁷ ليصبح هذا اللاشيء هيكل
6. لا يصل الجميع إلى هذا المستوى من الص
إليه لمساعدتك في الصلاة، لأن رجاءهم لم
المساعدة في الصلاة، الآخر يلعب دور الو
ويساعدك على الآلة
⁶ وذلك الذي يصلي
طبع الوصول إلى ابن
ن أي شخص لهي ص
أن يكون نفسه ليس
الصلاة. ⁵ إنها لا تع
هذه الصلاة لأن ما
يعني أن تُجانب صلا
ماء ولا يهيم أيكما. ⁹



*A magical escape
by the pyramids*



THE FOUNDER



If Laura chose the name 'Dunya', which means 'life on earth', 'the world' in Arabic, it is to convey her attachment to travel, people, and Arab civilization.

She was committed to take her loved ones on a journey - and then as many people as possible - in her own way : by fully immersing in the culture of the country. But also, a genuine desire to reveal incredible and historically rich places, starting with her cherished country, Egypt.

Laura will accompany you during your experience in Cairo. A lover of Cairo since her early years, she will joyfully unveil her favorite spots and hidden gems.

THE GUESTS



Alice

The gentleness and poetry of Alice Girard's flows will guide your immersion at the foot of the pyramids.

If Dunya embarks on this adventure with Alice, it's because our shared values align perfectly with her philosophy. Her pronounced attraction to Egypt, a country she has had the pleasure of visiting many times, has strengthened our belief that her presence will significantly enrich this experience.

Alice offers intuitive, creative, and embodied flows designed as inner journeys, blending sensitivity, intensity, and relaxation: postures that gracefully and fluidly intertwine with carefully curated playlists, all while respecting oneself and listening to one's limits.

www.alicegirardyoga.com
[@alicegirardyoga](https://www.instagram.com/alicegirardyoga)



Achraf

Who could be better than a native of Cairo, who studied Egyptology in the same city, to introduce you to this captivating and historically rich metropolis?

Fluent in Arabic, English, and French, Achraf will guide you during cultural visits.

His goal is to immerse visitors in the ancient civilization and contemporary life of Egypt in an authentic, straightforward, and unexaggerated manner, offering a discovery that is both profound and mystical.

OUR ADDED VALUES

A PROFESSIONAL AND EXPERIENCED SUPPORT TEAM

- Dunya Escapes Coordinator and Egypt specialist, speaking Arabic.
- Egyptologist proficient in English, Arabic, and French.
- Selection of locally engaged partners with a significant positive impact on the ground.
- A certified and experienced yoga teacher specializing in organizing yoga retreats

TRADITIONAL MEALS INCLUDED

During our trip to Cairo, we will have meals both at the house and outdoors in local restaurants or with locals.

Meals served at the House of Khéops will be typical specialties prepared by the welcoming family, adhering to hygiene standards and using filtered water.

*Vegetarian / pescetarian
and balanced meals*

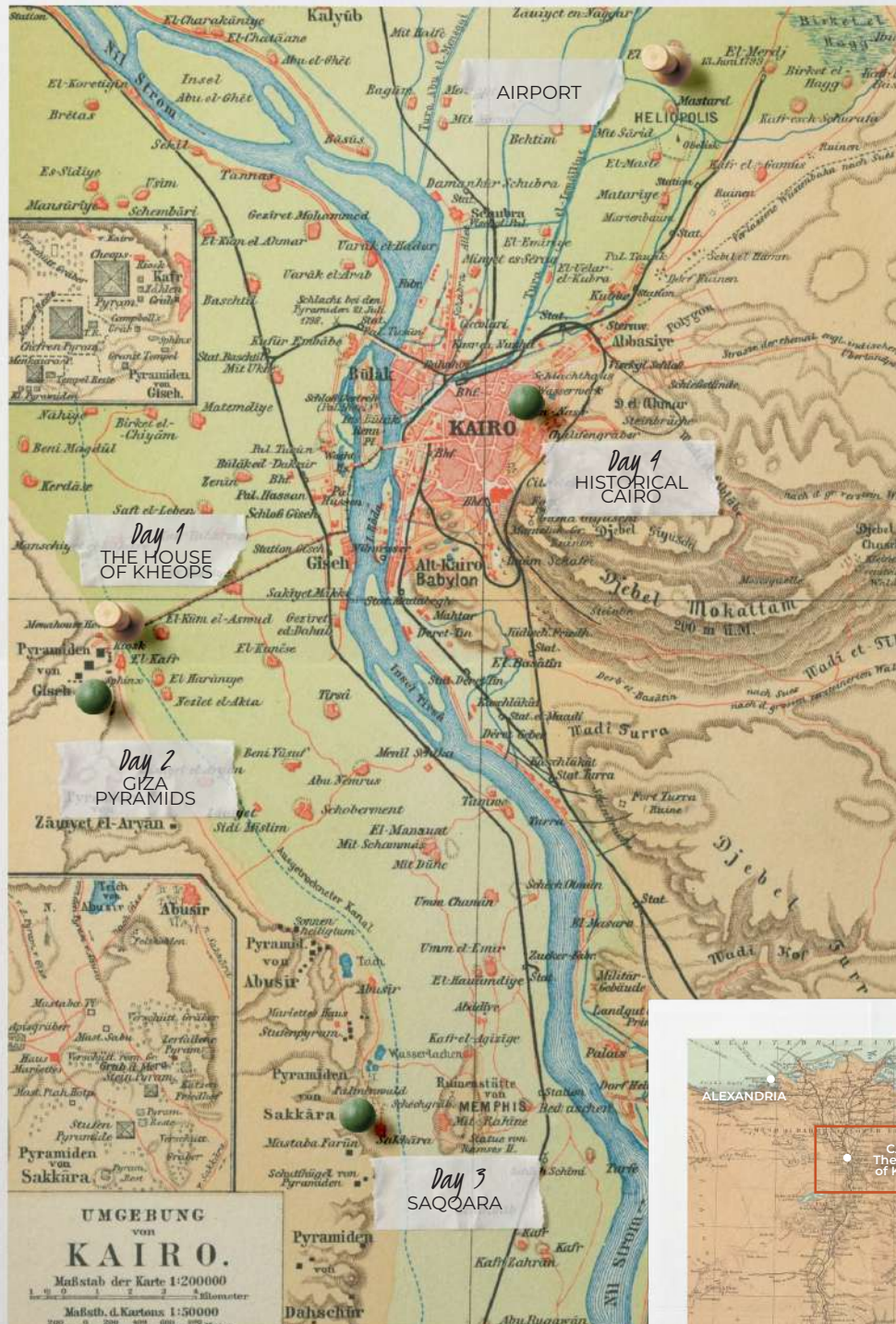
PROXIMITY, SHARING AND SOLIDARITY

A small-group journey organized and guided, off the beaten path.

An immersion into the local culture, meeting with the inhabitants while respecting their way of life and environment.

Meaningful journeys for the traveler and beneficial to local communities.

OUR ITINERARY



Place your escape "The House of Kheops" in Egypt.

KEY INFORMATION



The House of Kheops is an immersive experience, a fusion of a cultural exploration, yoga and traditions allowing you to discover the pyramids from a historical and mystical perspective, away from the usual paths. It's also an opportunity to center yourself, immerse in the present moment, and explore a space for reconnection.

Customized Small Group Travel • Group Capacity: 12 • 5 days

INTENSITY



CULTURE



YOGA



HISTOIRY



ENCOUNTERS



PRACTICAL INFORMATION

- **Language :** English/French/Arabic
- **A mixed stay accessible to all**
- **Living space :** The House of Kheops - a spiritual oasis at the foot of the pyramids
- **Practice location :** The observatory of the house, built in alignment with the pyramid of Kheops

TYPICAL DAY

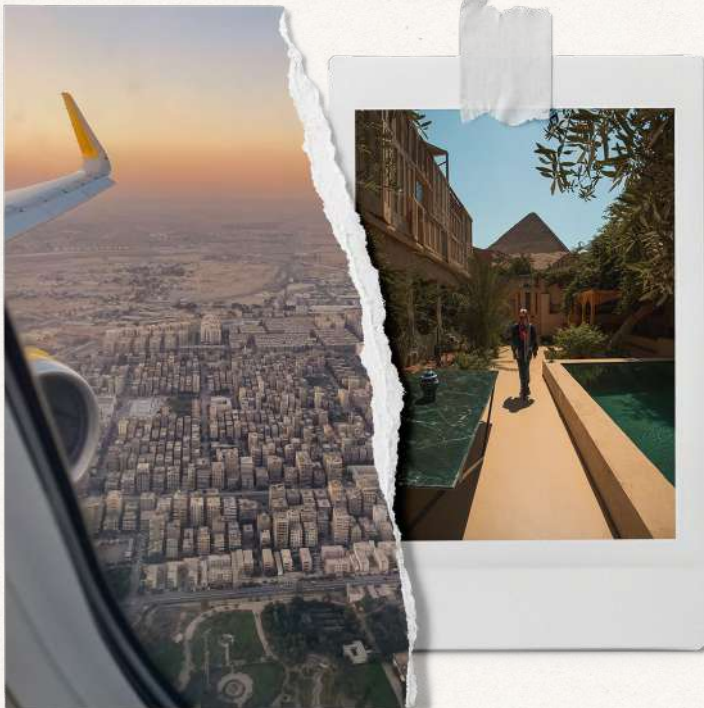
30 minutes of morning yoga routine

A yoga workshop or flow lasting between 1:00 and 3:00 hours.

Cultural visit between 2:00 and 3:00 hours.

Stroll, free time and evenings

Connect to the magic of the pyramids.



Day 1

- ✧ Arrival in Cairo
- Settling in at the house and getting acquainted with the neighborhood
 - Opening circle
 - Dinner and evening in the house



Day 2

- Morning routine
- ✧ Workshop Inversion
- Egyptian brunch at the house
- ✧ Guided tour of the Giza pyramids and the Sphinx
 - Lunch with a view
 - Soft yoga practice or meditation in the evening (candlelight, Yin...)
 - Dinner & free evening at the house (discussion, lecture, stargazing...)



Day 3

- Morning routine
- * Splits workshop
- Egyptian brunch at the house
- * Guided visit of Saqqarah Necropole and Djoser Pyramid
 - Horseback ride in the desert
 - Lunch at a local's home
- Soft yoga practice and sound bath in the evening
- Dinner & free evening at the house

Day 4

- Morning routine
- * Workshop Backbend
- Egyptian brunch at the house
- * Guided walking tour in historical Cairo
 - Stroll and local lunch in the traditional souk of Khan el Khalili
 - Traditional Sufi dance performance
 - Late diner and night in the house



Day 5

- Morning routine
- * Closing circle
- Breakfast in the house
- * Departure



OUR HOUSE

A place, a history, a family, an energy. You will stay at the House of Kheops, a spiritual oasis located at the bottom of Egypt's largest pyramid and the first wonder of the world.

The House of Kheops is a family home situated in the popular neighborhood of Nazlet El Samman, on the outskirts of Cairo.

Due to its unique and almost surreal location in front of the Kheops pyramid, it's a place brimming with energy, a true haven of peace amidst streets often bustling with merchants and horse-drawn carts.



MESSAGE FROM THE FAMILY

"Each room and bedroom is designed and decorated with authentic Egyptian items and collectible furniture pieces acquired during many journeys along the Nile.

Our quest for authenticity prevails, and it is essential for us to support local artisans.

We kindly ask you not to have expectations of perfection but to come with an open mind and the willingness to discover the history of this house, its inhabitants, its cat "Klaus," the house's guardian, and its neighborhood...

Welcome to your home!"

Shereen, Elina et Safen.

- * An observatory built in alignment with the Great Pyramid of Kheops. 4 double rooms with private bathroom and toilet.
- * An outdoor garden with a natural water pool.
- * A large, shared, and fully equipped kitchen.
- * Traditional and local meals prepared by the welcoming family.



THE HOUSE OF KHEOPS

RECAP

From Wednesday,
April 24th, to Sunday,
April 28th

5 days & 4 nights

Starting from
1200€ / person

INCLUDED

Airport transfers
(Arrival and departure)
All other transfers during the stay
4 nights at the house in a
shared double room
All meals throughout the stay
(3 meals per day) + Water and hot
drinks
Wifi available in the house
Entrance tickets to cultural sites
All yoga practices and others
activities
Egyptologist speaking EN/FR/AR
Dunya Escape representative
International yoga teacher

NON INCLUDED

International flights
Individual travel insurance
Egyptian entry visa
[Dunya assists and guides you
on these last points]
Single room supplement (€750)
Internet card (between €10
and €30)
Paid drinks (alcohol and soda)
Tips (approximately €30/€50
per person for the week)

PAYMENT TERMS

Request for a quote and the registration form: send an email to info@dunya-escapes.com.
A 30% deposit is required to confirm the reservation.
The balance is due 45 days before the start of the trip.

WANT TO EXTEND YOUR ESCAPE ?

If this escape inspires you to explore more of Egypt, Dunya can assist you in organizing an extension before or after your stay in Cairo. Egypt offers a multitude of beautiful places to discover, such as the Red Sea, Nile cruises, Luxor, Aswan, Fayoum, Siwa Oasis, and many more. For more information, contact the Dunya team at the following address: info@dunya-escapes.com.